

# RISE Program

Reaching Independence through Skills & Employment

At Lethbridge Family Services, we meet you where you're at, and we assist you in meeting your self-determined employment goals in a supportive environment.

## Overview

Our Reaching Independence through Skills & Employment (RISE) program is a ten-month skills-centred employment program for adults with developmental disabilities. Through in-class instruction and work-integrated learning, participants will develop the necessary skills to transition to competitive employment.

## Benefits

- Explore career choice opportunities
- Improve skills for successful employment
- Receive job search assistance and work-integrated learning
- Enhance social and teamwork skills
- Manage a more independent lifestyle
- Build confidence
- Receive employment support and job coaching

## Admission Requirements

- ✓ 18 years of age or older
- ✓ Diagnosed with a Developmental Disability
- ✓ Ready, willing, and able to work
- ✓ Capable of using public transit



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## Fact Sheet

Length of Program: 10 months (September to June)

Hours: Monday-Friday  
8:30 am-3:00 pm  
Closed statutory holidays  
Hours will vary due to work placements.

Capacity: Space is limited to a maximum of 20 participants. Apply early!

Work-integrated Learning: Participants will pursue a wide variety of hands-on work opportunities within the community.

Financial assistance: Funding may be available for eligible participants.

## Apply Now!

Submit an application online at [www.lfsfamily.ca](http://www.lfsfamily.ca)

- ✓ Pay a non-refundable application fee (\$78.75)
- ✓ Include a confirmed diagnosis of a Developmental Disability
- ✓ Include 2 letters of reference

RISE is recognized by the Government of Alberta as a Transitional Vocational Program.

