



Outreach & Education Services

Suicide Intervention Training

This training is provided by Lethbridge Family Services which is an accredited agency through the Council on Accreditation (COA). This 2 day seminar is designed to support professionals, volunteers and community groups (gatekeepers) who work with potentially at-risk populations.

We offer a number of trainings each year at no cost to participants.

Suicide Intervention Training provides:

1. The Steps of the R.A.P. Model
 - a. Rapport Building – Listening skills
 - b. Assess the Individual – Standardized Risk Assessment
 - c. Plan for Intervention – Safety Planning
2. Discussion of High Risk Populations
3. Challenges participants to consider their own thoughts and perceptions about suicide, emphasizing the importance of feelings
4. Information about resources to access when assisting a person who is suicidal
5. Discussing the importance of self-care for care-givers

Initial Certification is valid for 3 years – prior to expiry participants must complete the R.A.P. Refresher Re-certification

To register:

Lethbridge Family Services
Outreach & Education
403-327-5724
outreach@lfsfamily.ca
or access our website
www.lfsfamily.ca

These services are available
throughout the South Zone - West

