



Outreach & Education Services

Presentations & Workshops

Presentations & workshops offer educational information and discussion, facilitated by members of the Outreach & Education Team

This service is available to community groups, workplace populations, schools and agencies.

TOPICS

- Anger Awareness
- Bereavement, Grief & Loss
- Bullying & Harassment Awareness
- Family Violence Awareness
- Feelings Awareness & Basic Needs
- Healthy Communication & Relationships
- Resiliency & Self-Care
- Responding to Stress
- Self-Esteem & Personal Growth
- Suicide Awareness
- Vicarious Trauma

Other topics upon request

Presentations

1-3 hours

Workshops

half-full day

If you would like to request a presentation or workshop

Contact:

Lethbridge Family Services
Outreach & Education

403-327-5724

outreach@lfsfamily.ca

or access our website

www.lfsfamily.ca

These services are available throughout the
South Zone - West

