AUGUST 2022

What's Happening at Lethbridge Family Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 • Heritage Day Office Closed	Neighbourhood soccer 10 AM - 12 PM	3IS - Resume Building for teens	Suicide Intervention Training Neighbourhood soccer 10 AM - 12 PM	 Fee Assistance Program Suicide Intervention Training IS Women's Group at 1 PM Women's Conversation Circle 2-4 PM 	Men's Conversation Circle 10 AM - 12 PM
7	8	Neighbourhood soccer 10 AM - 12 PM	10	Neighbourhood soccer 10 AM - 12 PM	 12 Fee Assistance Program IS Women's Group at 1 PM Women's Conversation Circle 2-4 PM Understanding Emotions 3-4 PM 	• Men's Conversation Circle 10 AM - 12 PM
14	15	16Neighbourhood soccer 10 AM - 12 PM	17 • The Mindful Self 9:30 AM - 11:00 AM	18Neighbourhood soccer10 AM - 12 PM	 19 Fee Assistance Program IS Women's Group at 1 PM Women's Conversation Circle 2-4 PM Building Resilience 3 PM - 4PM 	 Men's Conversation Circle 10 AM - 12 PM IS Waterton Camping Trip Weekend
21	22	 Neighbourhood soccer 10 AM - 12 PM Ready, Set, Go! 2 PM - 6 PM 	 24 The Mindful Self 9:30 AM - 11:00 AM Ready, Set, Go! 2 PM - 6 PM 	 25 Neighbourhood soccer 10 AM - 12 PM Ready, Set, Go! 2 PM - 6 PM Suicide Intervention Training 	 26 IS Women's Group at 1 PM Women's Conversation Circle 2-4 PM Suicide Intervention Training 	• Men's Conversation Circle 10 AM - 12 PM
28	29	30Neighbourhood soccer 10 AM - 12 PM	31 • The Mindful Self 9:30 AM - 11:00 AM	1	 IS Women's Group at 1 PM Women's Conversation Circle 2-4 PM 	Men's Conversation Circle 10 AM - 12 PM



403-327-5724