



Lethbridge Family Services

General Bereavement Therapy Group

Group Dates:
10 week group
Wednesdays, 1:00- 3:30 pm
Starting Oct 2 – Dec 4, 2019
No cost to participants

Participants:
Ages 18+

Call Counselling Intake to
register

This therapy group is for men and women who have experienced the death of a partner/spouse, parent, child, sibling, or friend.

The group will provide a safe, supportive and caring environment for individuals to learn about themselves and from each other as they move through this difficult period in life and continue the healing process.

Contact

Lethbridge Family Services

Counselling Intake

403-327-5724

Facilitators

Cyndi Starzyk-Frey, M.Ed, R.S.W.

Elliott Kemmet, MSW, R.S.W.